##  BELIEVE IN WE ${ }^{\text {w }}$

# Growing Global Leaders... Advancing Palliative Care 



# Presentation Skills Tip 

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## LDI C2 RC1

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## Before we start

- Speech should always be appropriate to the situation
- Training you to communicate...
- In your work place setting
- With government officials
- At regional / international levels
- Adapt content and style to your audience


## English lanugage

- English mostly alternates between a shorter and a longer vowel sound
- Some languages use short vowels - I love you truly , madly , deeply - Palliative care
- Speak it backwards one syllable at a time $\times 5$


## Shakespeare , Sonnet 18

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate

1. Exaggerate the short + long vowel sounds
2. Sing at ballad tempo

## Vocal color

- There is always at least one word in every sentence that is more important than other words
- Point that key word by the use of pause and inflection
- Inflection is the rise and fall of the voice on a longer vowel sound


## Inflection ...

## EXAGGERATE THESE

A : Is it black or white?
B : It's blue
A : Blue? B: Yes!

A : Oh ...

## ... Inflection

- Play with the messages you can send to someone with these words
- Speak this 3 times - exaggerate !
- "Oh you’ve done something with your hair "


## Consonants

- The tip of the teeth, the tongue, the lips
- Exercises in flexibility
- Genetic realities


## Common challenges ...

'Th ' becomes ' d '

- Extend tongue tip / then pull inside
- Alternate sounds

$$
\begin{aligned}
& \text { The - Duh - Duh - The } \\
& \text { Things - Dings - Dings - Things } \\
& \text { This - Dis - Dis - This } \\
& \text { Then - Den - Then - Den }
\end{aligned}
$$

There - Dare - Dare - There

Fit - Fifth - Fifth - Fit
... Common challenges ...
' $V$ ' becomes ' $W$ ' or ' W 'becomes ' $V$ '

- Sustain a vibrating sound with ' V '
- Exaggerate lips for ' W '

We - Vee - Vee - We
Wary - Very - Very - Wary
Believe - We ' ve - We 've - Believe
Whether the weather will be wicked this winter, we will not want to wear woolly warmers
... Common challenges ...

- Omitting articles (' the 'and ' a ') I go to library to get book I am going to the library to get a book
- Dropping final consonants
- Droppin' fina' consona'
- What a cute Iittle kid ...
- Wha ' duh cu' III ' ki'


## ... Common challenges

- Changing 'ing ' to ' ink' in gerunds I like to go hunting, fishing and shooting
- Add aspirate ' uh' sounds

Hong - Kong = Hong - uh - Kong - uh
Sing - Song = Sing - uh - Song - uh
Ding - Dong = Ding - uh - Dong - uh

## Exercise

- A hot cup of coffee from a proper copper coffee pot
Over-articulate every consonant
- What did you mean when you said that yesterday?
Say it normally
Exaggerate it ( add aspirate ' uh ')
Voicelessly ( really move mouth )


## Breaking learned habits

- Read bedtime stories to children
- Play with internal voices :

Little Red Riding Hood,
Grandmother, The Big Bad Wolf

- Go " too far " when practising safely at home or when you are alone in the car


## Practise aloud

- In front of the mirror
- To the far side of the room
- Looking through the window to a far - distant point
- Increase breath and energy
- Work with trusted partner


## Webcast

- Other common challenges will be posted on Webcasts shortly after this conference is over
- We will touch base about a week before our Skype conversation
- Look at certain Webcasts before we have our Skype consultation to maximize our time on Skype


## Take - home messages

- Your audience wants to hear your message clearly, thought by thought
- Use your Leader voice when you need it


## 北非业 BELIEVE IN WE

## Gandhi．．．

## You need to be the change you want to see in the world．．．



