

Growing Global Leaders... Advancing Palliative Care







Presentation Skills Tip

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Before we start

- Speech should always be appropriate to the situation
- Training you to communicate...
 - In your work place setting
 - With government officials
 - At regional / international levels
- Adapt content and style to your audience

English lanugage

- English mostly alternates between a shorter and a longer vowel sound
- Some languages use short vowels
 - I love you truly, madly, deeply
 - Palliative care
 - Speak it backwards one syllable at a time X 5

Shakespeare, Sonnet 18

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate

- 1. Exaggerate the short + long vowel sounds
- 2. Sing at ballad tempo

Vocal color

- There is always at least one word in every sentence that is more important than other words
- Point that key word by the use of pause and inflection
- Inflection is the rise and fall of the voice on a longer vowel sound

Inflection ...

EXAGGERATE THESE

A: Is it black or white?

B: It's blue

A: Blue?

B: Yes!

A: Oh ...

... Inflection

- Play with the messages you can send to someone with these words
- Speak this 3 times exaggerate!
- "Oh you've done something with your hair"

Consonants

- The tip of the teeth, the tongue, the lips
- Exercises in flexibility
- Genetic realities

Common challenges ...

- 'Th'becomes'd'
- Extend tongue tip / then pull inside
- Alternate sounds

The - Duh - Duh - The

Things – Dings – Things

This - Dis - Dis - This

Then – Den – Then – Den

There – Dare – Dare – There

Fit - Fifth - Fifth - Fit

... Common challenges ...

- 'V' becomes 'W' or 'W' becomes 'V'
- Sustain a vibrating sound with 'V'
- Exaggerate lips for 'W'

We – Vee – Vee – We

Wary – Very – Very – Wary

Believe – We 've – We 've – Believe

Whether the weather will be wicked this winter, we will not want to wear woolly warmers

... Common challenges ...

- Dropping final consonants
- Droppin' fina' consona'
- What a cute little kid ...
- Wha 'duh cu' lil 'ki '

... Common challenges

- Changing 'ing' to 'ink' in gerunds
 I like to go hunting, fishing and shooting
- Add aspirate 'uh' sounds

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Hong – Kong = Hong – uh – Kong – uh
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Exercise

 A hot cup of coffee from a proper copper coffee pot

Over-articulate every consonant

 What did you mean when you said that yesterday?

Say it normally

Exaggerate it (add aspirate ' uh ')

Voicelessly (really move mouth)

Breaking learned habits

- Read bedtime stories to children
- Play with internal voices:
 Little Red Riding Hood,
 Grandmother, The Big Bad Wolf
- Go "too far " when practising safely at home or when you are alone in the car

Practise aloud

- In front of the mirror
- To the far side of the room
- Looking through the window to a far - distant point
- Increase breath and energy
- Work with trusted partner

Webcast

- Other common challenges will be posted on Webcasts shortly after this conference is over
- We will touch base about a week before our Skype conversation
- Look at certain Webcasts before we have our Skype consultation to maximize our time on Skype

Take - home messages

- Your audience wants to hear your message clearly, thought by thought
- Use your Leader voice when you need it



Gandhi...

You need to be the change you want to see in the world...

