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Growing Global Leaders... Advancing Palliative Care





Presentation Skills

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Positive learning experience Negative learning experience

Objectives

- Goals of education
- Planning a presentation
- Apply principles of slide design
- Effectively use body posture, voice, eye contact
- Give effective feedback



How People Learn

- Memory:
 Short → intermediate → long-term
- 3 major facts / hour
- Information retention per unit time 10 minutes new information
 2 minutes rest to process it

Dixon 6: Goals of Education

- **1.** Awareness / Attitudes
- 2. Knowledge
- 3. Skills
- 4. Behavior
- **Change Experience**
- 5. Patient / Family
- 6. Organization / Society

Increase palliative care capacity

Dixon J. Evaluation and the Health Professions, 1978 Ferris et al. Knowledge Insufficient for Change, 2001

'Old'versus'new'models

- Teacher decides
- No questions
- Learner is
 - ' empty ' vessel; teacher is ' full ' vessel

- Teacher and learner(s) negotiate
- Discuss and debate
- Both vessels have room !

Positive factors influencing learning

- Motivation of learner
- Teacher is a role model
- Learner has some experience
- Learned wants (needs) to know
- Practical

Negative factors influencing learning

- Forced to show up ' Educated ' before
- Preoccupation or distraction
- Personal barriers (attitudes) to the content

Passive learning

- Information transfer
- Reflection
- Evaluation
- Assessment
- Analysis

Active teaching methods

- Interactive lecture
- Case studies
- Role play
- Facilitated discussions
- Use of videos
- Other visual aides
- Participation

Principles of Learning in Healthcare • Practical Participation • Multiple demands

Hank Slotnick, PhD, North Dakota

Planning a Presentation...

Planning

- Clearly state the question that you are answering
- Identify the level of audience background in the topic
- List 3 4 main points
- Outline organizational structure
- Less is more

Visual Aides...

The Visuals

LCD Projector

Slides

Overheads

Flip chart

What's the Message

• A simple thought

- A very complex thought that seems to run on a bit but has something to say
- Too much text in one line that doesn't get the message across simply or clearly because Walsh, and others, have shown in a sample size of 3,456 oncologists randomized to two study groups and stratified on the basis of age and practice that slides that have too much text are irritating!



- Key point / line
- Simple words
- Build ideas
- Cues, not full thoughts

Simple Construction

- $\bullet \leq 6$ words / line
- \leq 30 characters / line
- \leq 6 lines / slide

Projection

≈ 1 slide / minute
Don't read Except "quotes"
Address the audience
1 person, 1 thought



- Arial Font
- Times New Roman
- Brush Script M7
- Comic Sans MS
- Antique Olive Compact



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Font size

- 16 point can you read it?
- 20 point can you read it?
- 24 point can you read it?
- 28 point can you read it?
- 32 point can you read it?
- 40 point can you read it?

• 48 point – can you read?

Line spacing...

- How much space is enough between lines or paragraphs?
- How much space is enough between lines or paragraphs?
- How much space is enough between lines or paragraphs?

...Line spacing...

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Color...

- High contrast Receding background Foreground stands out
 Sets the mood
- Sets the image (corporate)

...Color

- 2-3 colors / slide max
- Test colors
 - LCD projector variation
 - Sample slides

Linking slides...

- The first in a series of related slides
- Can you see the cue?

...Linking slides...

- The second in a series of related slides
- Can you see the cue?

...Linking slides

- The last in a series of related slides
- Can you see the cue?



Room setup

Participant arrangement

 Lecture, classroom, rounds, board room U

 Speaker position

 Visibility
 Audibility
 Accessibility

Equipment setup

- Projector / changer
- Power / tables
- Accessories
 Acetates, pens
 Laser pointer

Projection Setup

• 8 : 1 rule

Person 40 feet away

Slide > 5 feet high

- Slides as bright as possible
- Room as dark as possible

Presentation...

Presentations = 60 - 30 - 10

60 – Physical

30 – Emotional commitment

10 – Content

The Delivery

• Movement

Body

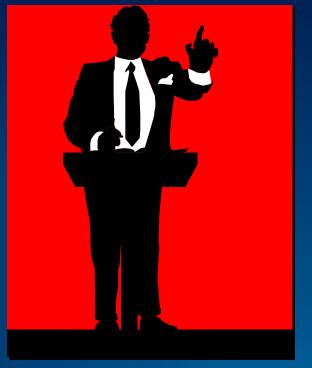
Hands

- Eye contact
- Voice

Tone

Volume

Speed



Minimize distractions

' Challenging ' participants

- Know-it-all
- Naysayer
- Monopolizer
- Chatterbox

- Reluctant learner
- Preacher
- Unresponsive participant

Effective feedback

- Compliment
- Constructive comment
- Compliment

Ingredients for Success

- Thorough planning
- 3 main points
- Interactive
- Visible visuals
- Practice...practice...
- Summarize



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