# ## OhioHealth Leadership Development **Initiative (LDI) Curriculum**

# **Creative Coaching:** The People Part of Business

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In Moore SY, Cameron-Lewis RG, Ferris FD (eds). Leadership Development Initiative

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ISBN: 978-0-9884318-0-5

## **Originally Presented by Judy Herendeen**

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The Leadership Development Initiative gratefully acknowledges the support of:

- International Palliative Care Initiative, Open Society Foundations, New York, NY
- National Cancer Institute Center for Global Health, Bethesda, MD
- The Diana Princess of Wales Memorial Fund, London, United Kingdom
- National Hospice and Palliative Care Organization, Alexandria, VA
- Pettus Family Foundation

The content is solely the responsibility of the authors and editors, and does not necessarily represent the official views of any of the funders.

Acknowledgment and appreciation are extended to faculty and staff of the OhioHealth and the Institute for Palliative Medicine at San Diego Hospice (which housed the International Programs and the Leadership Development Initiative from 2009 to 2012). Special thanks to the Mentors, Consultants and the LDI Team who contributed so much to the LDI Curriculum.

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#### **Overview**

Leadership is about relationships; it is as much about a relationship with you as with others. It requires understanding and managing your own self, and others. Understanding involves empathy, influence, inspiration, teamwork and collaboration, conflict management, communication and being able to work for change and evolution wherever you are. Management and leadership skills are used to implement and empower those with whom we are aligned. A wise leader will diversify and strengthen the tools that promise to reap success.

Advocating for change can be challenging, and it is the privilege and the responsibility of a leader. Rick Mauer describes the three levels of resistance to change – sometimes, all are going on at the same time. These are "I don't get it", or "I don't like it", or "I don't like you." Identifying which of the three are at play in any context suggests different remedies to use as you engage others. To advance your initiative, involve the right people.

Identifying stakeholders who can facilitate (or inhibit) change will empower the process.

# **Objectives**

After this presentation, participants will:

- 1. Identify components of 'success' (self+relationships+results).
- 2. Discuss ways to make people part of the plan.
- 3. Evaluate and lead the impact of change on others.
- 4. Discuss the three levels of resistance; "I don't get it", or "I don't like it", or "I don't like you."
- 5. Engage stakeholders strategically.

### **Important Teaching Points**

- Trust is a key component of leadership and change management.
- Once in a leadership role, it is difficult to get feedback. Ask for it.
- Identify and take responsibility for any tense relationships.
- The development of team and network requires time and quality engagement.
- When consensus is not clear, and discussion isn't helpful, the simple strategy of voting on issues can help people realize that much more consensus exists than was previously obvious.

# **Resources / References**

1. Maurer, Rick. (2002). Why Don't You Want What I Want? Austin, TX: Bard Press.