

# Media Tip: Staying 'on Message' in Challenging Situations

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### **Overview**

Successful leadership involves exquisite communication skills. The facility of speaking clearly and to the point is a skill worth practicing. Skills to engage the media are particularly helpful, since there are a variety of potentially provocative situations that may arise. Practicing how to keep cool under duress, having a clear message, and knowing ways to 'rescue' one if blown offtrack serves a leader and speaker well.

#### **Objectives**

After this presentation, participants will:

- 1. Appreciate the challenge of keeping composure during difficult interviews.
- 2. Use methods to get back 'on message' despite unexpected challenges.
- 3. Compensate for how nervous tension may affect an Interviewee.

#### **Important Teaching Points**

- Unexpected questions or verbal challenges can disturb a speaker's confidence and throw you off message.
- Have a prepared 20-to-30-second clip ready to use.
- A few well-chosen key words will also help you recover from an unexpected question or challenge.

#### **Resources / References**

1. Cameron, Ron. (1999). Acting Skills for Life (3rd ed.). Toronto, ON: Dundurn Press.