

Media Tip: Staying 'on Message' in Challenging Situations

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Contact the LDI Team

E-mail: <u>Frank.Ferris@OhioHealth.com</u>

Frank D. Ferris, MD The Leadership Development Initiative Kobacker House 800 McConnell Dr Columbus, OH, USA 43214-3463 Phone: +1 (614) 533-6299 Fax: +1 (614) 533-6200

Overview

Successful leadership involves exquisite communication skills. The facility of speaking clearly and to the point is a skill worth practicing. Skills to engage the media are particularly helpful, since there are a variety of potentially provocative situations that may arise. Practicing how to keep cool under duress, having a clear message, and knowing ways to 'rescue' one if blown offtrack serves a leader and speaker well.

Objectives

After this presentation, participants will:

- 1. Appreciate the challenge of keeping composure during difficult interviews.
- 2. Use methods to get back 'on message' despite unexpected challenges.
- 3. Compensate for how nervous tension may affect an Interviewee.

Important Teaching Points

- Unexpected questions or verbal challenges can disturb a speaker's confidence and throw you off message.
- Have a prepared 20-to-30-second clip ready to use.
- A few well-chosen key words will also help you recover from an unexpected question or challenge.

Resources / References

1. Cameron, Ron. (1999). Acting Skills for Life (3rd ed.). Toronto, ON: Dundurn Press.